

Retour d'expérience de ma mobilité internationale

Prénom Nom - email

[PAYS] – [Université]

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 $^{^{\}rm 1}$ To update the agenda just click right on your moose

I. Your overall feeling after your semester abroad

Help: How was your experience abroad? If you could go back I time, would you go to this university and why?

This experience was unique I met so nice people I had time to do some personal project besides the courses, to discover the country and the culture. If I could go back in time I would go to this university and bring some friends because everyone was super nice and helping.

II. Before the travel

A. Preparation

1. Visa

Help: Do I need a visa? If yes, what is the process?

2. The flight

Help: what flight did you take (the company name, airport etc.) and when did you take your flight ticket

I took KLM to go and Transavia to come back, and for both I took it 1-2 months before the departure. I took direct flight from Montpellier to Amsterdam to go and direct flight from Rotterdam to Montpellier to come back because it was cheaper.

3. My luggage

Help: what to not forget in the luggage (what was useful and what you would like to have taken)

I took a lot of clothes that I put in plastic bags in which I removed the air so it takes way less space.

4. Bank account

Help: did you have to change bank? To respect some amount requirement on the bank account etc.

No, but it was sometimes handicapping because not all the stores accepted Visa card so I had to adapt.

5. Insurance

Help: What insurance did you subscribe to?

Maif

B. Housing

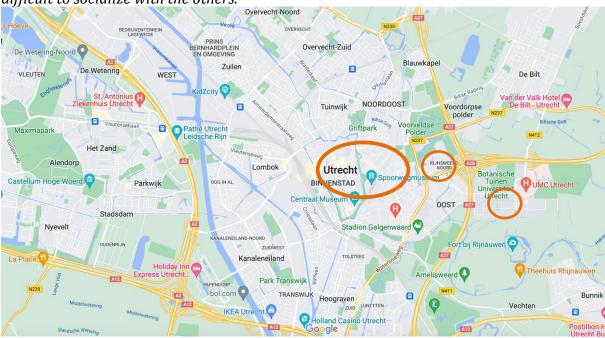
1. Where to live

Help: Do a google maps capture and circle the area you recommend to live in (and the one you do not recommend)

In orange it's where I recommend living, it's the student residences that are the best places to link up with people and the east part of the city center because it's cool.

Living elsewhere is not cool because you will be far from the university, and it will be more

difficult to socialize with the others.



2. Find a flat or a room

Help: How did you find your flat? Do you have any recommendation My university linked me with the company that manage the student residence (SSH) and it's the best option to live the Erasmus as best as possible because you live with other people and you easily make friends.

3. Cost

Help: How much should I plan for a room?

Max 500 if in a student residence, Min 700 if you want to live in the city center.

III. When I arrive at the university

A. Inscription at the university

Help: How was the process, what did you have to do?

I had to send some documents and to give some information about me. It was quite easy but a bit long.

B. Information on the university

1. Courses

Help: List the different courses, and for each course, describe the format, the content, the exam, what did you like and not like, would you recommend it for the next student?

In my minor (International Business Skills), every courses were linked on a group project. I had 3 courses:

- -Casework
- -International Branding & Sales in a B2B environment
- -Social Business Skills

Casework was the group work, we had to elaborate a project of product or service to present at the end of the year to a company.

International B&S in a B2B evt was course about branding and sales and we had to apply to our project in case work.

International Business Skills was courses of Intercultural ethic, Wine tasting, Wine etiquette and Golf practice and theory

Almost all the exams were oral presentation except for SBS. For SBS it was 2 practice exercice for golf and a quiz about golf, wine and ethic.

2. Advice on "contrat d'étude"

Help: would you recommend for a student when picking its courses

Yes I would definitely if you want to improve oral expression and have a lots of concrete content to learn.

IV. When I life there

A. Safety

Help: Is it safe? Is there areas or times I should avoid

Utrecht, and Netherlands in general, is super safe. You can walk, ride a bike or anything at any hour of the day whithout expecting nothing crazy to happen.

B. Phone and Internet

Help: How to be able to call and have internet

For the data and the phone I kept my French subscription because it's cheaper than the Netherlands but with RedSFR, over 4 months abroad, you have to pay more for your consummation. With Free, there is no problem.

C. Events

Help: How to know about the events?

There is some association (BuddyGoDutch, ESN) that provide events for the international person. Quickly in the student residence, there is whatsapp groups that are created so you know when there is a party, a barbecue or an event organized.

D. Sports

Help: What sport can I do? and how?

You can do pretty much every sports in the university if you pay a subscription fee. Otherwise there is lots of different gym to workout.

E. Eating

Help: Any recommendation? Or good tips (e.g. aninternational house buffet) I recommend the restaurant Toastable.

F. Go to the university: bus, car, bike

Help: How did you get access to the bus, car or bike

Everything is doable by bike in the Netherlands so take a bike in Swapfiets when you arrive. For longer trip you can buy an OV-chip card so you pay less for the tickets.

G Travels

Help: What do you recommend and what do you not recommend The Netherlands is small so it's easy to visit the whole country so don't be afraid to do 1 hour of train because it's beautiful.

H. Any other information you would have liked to know about

Help: What would I liked to know if I could have gone back in time

I would have taken a flat oriented south because it was cold in winter and without a lot of light.

V. Photos

