

## Retour d'expérience de ma mobilité internationale

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# [ITALIE] – [University Tor Vergata]

## Agenda<sup>1</sup>

I.	Your	overall feeling after your semester abroad	2
II.	Befor	e the travel	2
A.	Pre	paration	2
	1.	Visa	2
	2.	The flight	2
	3.	My luggage	2
	4.	Bank account	2
	5.	Insurance	2
В.	. Housing		3
	1.	Where to live	3
	2.	Find a flat or a room	3
	3.	Cost	3
III. When I arrive at the university		3	
A.	Insc	cription at the university	3
B.	Info	Information on the university	
	1.	Courses	3
	2.	Advice on "contrat d'étude"	3
IV.	Wh	en I life there	4
A.	Safe	ety	4
В.	Pho	ne and Internet	4
C.	Eve	nts	4
D	. S	ports	4
E.	Eati	ing	4
F.	Go t	to the university : bus, car, bike	4
G.	Tra	vels	4
Н	. A	ny other information you would have liked to know aboutabout	4

 $<sup>^{\</sup>rm 1}$  To update the agenda just click right on your moose

### I. Your overall feeling after your semester abroad

Help: How was your experience abroad? If you could go back I time, would you go to this university and why?

### II. Before the travel

### A. Preparation

#### Visa

Help: Do I need a visa? If yes, what is the process?

Pas besoin de visa l'Italie est en UE.

### 2. The flight

Help: what flight did you take (the company name, airport etc.) and when did you take your flight ticket

J'ai pris un EasyJet Paris-Rome à 60€ (bagage en soute inclus) et je suis montée en train à Paris (40€). Les vols Montpellier-Rome n'étaient pas encore ouverts (retardés à cause du covid). J'ai acheté mon billet d'avion en Février pour Mars, c'est pour ça que les prix étaient un peu élevés.

### 3. My luggage

Help: what to not forget in the luggage (what was useful and what you would like to have taken)

Il fait à peu près le même temps qu'à Montpellier, il a fait très beau donc prévoir les mêmes tenues que vous auriez pris à Montpellier.

#### 4. Bank account

Help: did you have to change bank? To respect some amount requirement on the bank account etc.

Je n'ai pas changé de banque. Il suffit de les prévenir à l'avance pour éviter les frais mais l'Italie utilise l'euro donc pas beaucoup de changement. Prévoir du liquide au cas où car la carte n'est pas prise partout, les italiens paient beaucoup en espèce.

### 5. Insurance

Help: What insurance did you subscribe to?

The insurance included with the credit card + European insurance card.

### B. Housing

#### 1. Where to live

Help: Do a google maps capture and circle the area you recommend to live in (and the one you do not recommend)

The university is quite far from the city center so I would recommend to live in the housing near university. You can also decide to live in city center (Trastevere, Old city...) but you will have at least 45 min of transportation (metro + bus)

### 2. Find a flat or a room

Help: How did you find your flat? Do you have any recommendation Uniplaces, there is also a residence proposed by the university and Erasmus program or House shared places, you just have to contact the Erasmus association.

#### Cost

Help: How much should I plan for a room?

It is quite expensive for a student. Count at least  $500 \in$  for a lease in the city center an at least  $600 \in$  for a student residence near Tor Vergata.

### III. When I arrive at the university

### A. Inscription at the university

Help: How was the process, what did you have to do?

Everything was made online, I had to create an account on the "moodle" called delphi there and create a Microsoft teams (because of covid, I had courses remotely)

### B. Information on the university

#### 1. Courses

Help: List the different courses, and for each course, describe the format, the content, the exam, what did you like and not like, would you recommend it for the next student?

### Advice on "contrat d'étude"

Help: would you recommend for a student when picking its courses Choose foreign professors because Italian professors speak English really bad and have a very strong accent.

### IV. When I life there

### A. Safety

Help: Is it safe? Is there areas or times I should avoid

I was confined most of the time and we had a curfew rest of the time so I don't know about areas that you shouldn't stay in the night but there is a lot of people at all times, be careful with your bag at all times.

#### B. Phone and Internet

Help: How to be able to call and have internet

With FREE you have access to your classical subscription for the same price in Italy.

#### C. Events

Help: How to know about the events?

Erasmus groups on facebook and whatsapp

### D. Sports

Help: What sport can I do? and how?

Everything was closed due to covid so I don't know.

### E. Eating

Help: Any recommendation? Or good tips (e.g. aninternational house buffet)

### F. Go to the university: bus, car, bike

Help: How did you get access to the bus, car or bike

Metro + bus if you live in the city center, by foot if you live near the university. The service is very good in rome.

### G. Travels

Help: What do you recommend and what do you not recommend I can't really help on this one because I wasn't allowed to travel to another regions, but Rome is a beautiful city to visit, there is a lot of monuments inside the city and the streets are beautiful.

### H. Any other information you would have liked to know about

Help: What would I liked to know if I could have gone back in time

