

## Retour d'expérience de ma mobilité internationale

Elsa Shun – elsa.shungf2018@gmail.com

## Suisse - FHNW

# Agenda<sup>1</sup>

I.	Your overall feeling after your semester abroad		. 2
II. Before the travel		e the travel	.2
A.	Pre	paration	. 2
	1.	Visa	.2
	2.	The flight	.2
	3.	My luggage	. 2
	4.	Bank account	. 2
	5.	Insurance	. 2
В. Но		ısing	. 2
	1.	Where to live	.2
	2.	Find a flat or a room	.3
	3.	Cost	.3
III.	II. When I arrive at the university		.3
A.	A. Inscription at the university		.3
B. Informa		ormation on the university	.3
	1.	Courses	.3
	2.	Advice on "contrat d'étude"	.3
IV.	Wh	en I life there	.4
A.	Safe	ety	.4
B.	Pho	Phone and Internet	
C.	Eve	nts	.4
D.	. Sports		.4
E.	Eati	Eating	
F.	Go to the university : bus, car, bike		.4
G.		Travels	
Н.	A	ny other information you would have liked to know aboutabout	.4

 $<sup>^{\</sup>rm 1}\, {\rm To}$  update the agenda just click right on your moose

## I. Your overall feeling after your semester abroad

Help: How was your experience abroad? If you could go back I time, would you go to this university and why?

I

## II. Before the travel

## A. Preparation

1. Visa

No visa are needed.

## 2. The flight

I came to Switzerland by train. I went to Mulhouse first, and took another train until Basel and finally a last one until Olten.

#### 3. My luggage

In Switzerland, you will need clothes for winter and summer aswell. At the beginning the weather is very cold but in June/July it can be much warmer! Don't forget very good shoes for hiking!

#### 4. Bank account

Some people opened a bank account in Switzerland but I didn't have to thanks to my international option in my home bank.

## 5. Insurance

*I subscribed to the repatriation insurance before leaving France.* 

### B. Housing

#### 1. Where to live

In the Staff House, in Olten, 15 min walking to the university and 10 min from the train station. It is a hospital where 3 floors are dedicated for exchange students.

#### 2. Find a flat or a room

The Staff House is the less expensive. Everything else is much more expensive so all exchange student choose that. I recommend to go there, it is the best option and allow you to meet many people from all over the world.

#### 3. Cost

The cost of the accommodation is 400 CHF per month.

## III. When I arrive at the university

## A. Inscription at the university

Help: How was the process, what did you have to do?

## B. Information on the university

#### 1. Courses

Business communication 2: Very interesting, we have to participate a lot, the exam is in 2 parts. We have to do a video about our culture and way of communicating and one group presentation. The exam is quite early during the semester so allow to have more time for the others subjects after. I recommend.

Specialisation Marketing 2: It is a specialization so we have 2 times more of hours of this course. It is very interesting but they ask us to do a lot of tasks. The exam is separated on many projects alone and in group. We have to send papers and do few orals.

Human Ressource Management: Interesting, a lot of content have to be learn for the exam! Entrepreneurship and Innovation: Most interesting in my eyes, the exam is 30% of project group and 70% of written exam.

Chinese basics: Not easy but the course is very cool, we talk a lot to practice, its very funny. Business Maths and Statistics: Quite difficult but with work its ok. I recommend to take the class of part time and not full time!

#### 2. Advice on "contrat d'étude"

I recommend to choose course that interest you the most. Don't forget to watch the form of the exam

## IV. When I life there

### A. Safety

Switzerland is very safe, I was never worried about anything. We can trust everybody there, they are all so nice and caring.

#### B. Phone and Internet

I have an international option with my French phone operator (Free).

#### C. Events

We are added to a watts app group and we receive messages for each event.

### D. Sports

We didn't have any sport. (Maybe due to Covid 19)

## E. Eating

I recommend to do groceries to Lidl, it is the less expensive shop. The others are at least 2 times more expensive. You can eat at the university. Some microwaves are free to use.

## F. Go to the university: bus, car, bike

I recommend to go there by walk. The bus is very expensive and its not very far from the Staff House.

#### G. Travels

I recommend to take the "Swiss-pass" which allow you to pay only 50% of the price of train tickets. It still expensive but it's worth it if you want to visit Switzerland.

## H. Any other information you would have liked to know about

Just enjoy, Switzerland is an amazing country, and try to know local students (even if courses are online) because they are all very welcoming and super nice.